

OPIOID POLICY ADVISORY COUNCIL MEETING

MEETING MINUTES
May 9, 2018
615 Howerton Ct.
Jefferson City, MO 65102

ATTENDANCE

COMMITTEE MEMBERS

Dr. Steve Corsi
Dr. Randall Williams (via Phone)
Dr. Mark Springer
Dr. Rob Twillman(via phone)
Dr. Karl Haake
Dr. Evan Schwarz
Dr. Alexander Hover
Dr. Matthew Stinson
Dr. Samar Muzaffer
Stephen Calloway
Michele Renkemeyer
Dale Carr
Ollie Green

MEMBERS ABSENT

Dr. Fred Rottnek

GUESTS

Tim Rudder
Natalie Cook
Darla Weekley (via phone)
Peggy Landwehr (via phone)
Mark Gutchen
Jenna McTeer
Kimberly Sprenger

AGENDA

Welcome/Introduction/Minutes

- Ollie Green, Legal Counsel for MOHealthNet Division, called the meeting to order at approximately 1:05 p.m.
- Introductions were made including (Sharie Hahn, Peggy Landwehr, Darla Weekley & Rob Tillman) who joined by phone.
- Dr. Corsi, talked about the Opioid epidemic and how we can reverse the deaths in the state.
- Michele Renkemeyer, spoke about department of social services opioid efforts. The department created the Opioid crisis epidemic work group, administrative policy, opioid epidemic awareness response policy; it is in draft form and Michele is hoping to get it finalized in the next few weeks. This policy will dictate the education, administration, utilization; the reporting requirements for the naloxone, the administration to our employees; the inhalers will be received through the Department of Health and Senior Services. The inhalers will be available to all 6,700 employees. Within the next few weeks all 6,700 employees will be trained on how to use and administrate the inhalers. Grant for Health and Senior services, the department will receive about 350 nasal sprays; there are two nasal sprays per unit. Through the Grant, it is costing the Department 0 Dollars.
- Dr. Muzaffar, spoke about patient education and how to reach out to our participants and how to educate them on the Opioid risk, chronic pain. Wanting to develop a program with alternative therapies, for treating chronic pain including options other than Opioids.
What the state really needs help with is the number of providers who are out there providing MAT.
- Dr. Stinson, (regarding the MAT process) Training the providers, nurse practitioners, physicians to do the work and that's the challenge. Some providers that have the waiver and haven't use them, so it was about physically getting them to go train with our provider, and spend a half day or day seeing how he or she does it and it's really easy to do; so you can build some confidence. Dr. Stinson mentioned; it would be really helpful, especially in the rural areas, is an ECHO model, someone that follows them and helps the providers; to be willing to learn and help the providers to do it on their own. Dr. Stinson would like to have someone work beside them to shadow if they got the waiver and to get them to see how to do the work.
- Dr. Haake spoke about the ECHO Team and wanting to go out to the hotspots throughout the state and targeting marketing purposes.
- The members present then discussed the need to increase utilization of ECHO and ways to incentivize provider participation. Ideas included: Discount of licensing fees from state agencies (Schwarz), Provider Spotlight program to showcase outstanding practice and let other providers compare with one another

(Haake), Mandated CMEs, mentorship programs (Stinson), providing more information to providers around opioid prescribing percentiles and showcasing treatment agreements.

- The members present also discussed behavioral health issues surrounding SUD and how some physicians are cautious or feel ill-equipped to handle behavioral health issues. The group discussed using ECHO and other mentorship programs to educate physicians and collaborate with other state agencies.
- Steve Calloway gave a brief overview of the Opioid Prescription Intervention (OPI) Program. The OPI program started in 2010 as a clinical advisory program to educate providers and give useful information to them regarding patients they have seen.
- Members present discussed generally concerns and suggestions for improvements for the OPI program. Stressed the need for different quality indicators relating to physician activity and not just patient activity (Hover) and the need to divert those outside of practice standards to additional education such as ECHO (Haake)
- Suggested that letters sent to providers have distinguishing feature to alert providers for the need to respond (Stinson)
- Dr. Stinson mentioned the council needs to focus on increasing access to MAT and other therapies for rural areas.
- Other topics discussed briefly were MHD's lock in program and chronic pain program.
- The council was also given details regarding the CDC guidelines and MHD's new opioid clinical edits.

**The next meeting is scheduled for July 25th 1:00 – 4:30pm Room 202 615
Howerton Ct. Jefferson City, MO (2nd floor)**