

PROVIDER BULLETIN

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Behavioral Health Services: Coverage for 90837

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COVERAGE FOR 90837

Effective for dates of service on or after March 1, 2018, the MO HealthNet Division (MHD) will cover procedure code **90837** (psychotherapy, 60 minutes with patient) when medically necessary. Coverage of 90837 is intended to facilitate the provision of evidence-based practices that may require an extended length of session, such as prolonged exposure therapy, dialectical behavior therapy, traumatic incident reduction, or eye movement desensitization and reprocessing. A precertification for individual therapy allows the provider to report 90832, 90834, or 90837. According to CPT[®] guidance, providers should report the code closest to the actual time (i.e., 16-37 minutes for 90832, 38-52 minutes for 90834, and 53 or more minutes for 90837). Refer to sections 13.9, 13.11, and 13.12 of the [behavioral health services manual](#) for precertification requirements.

RATES FOR LCSW AND LPC

The procedure codes listed below are billable by an LCSW, LMSW, LPC, or PLPC. The appropriate AJ or UD modifier must be used for all codes.

Procedure Code	Modifier 1	Maximum Quantity	Description	Rate Effective 03/01/18
90837		1	PSYTX W PT 60 MINUTES	\$ 62.34
90837	U8	1	PSYTX W PT 60 MINUTES	\$ 75.33

RATES FOR PSYCHOLOGISTS

The procedure codes listed below are billable by licensed psychologists and provisionally licensed psychologists. The AH modifier must be used on all codes.

Procedure Code	Modifier 1	Maximum Quantity	Description	Rate Effective 03/01/18
90837		1	PSYTX W PT 60 MINUTES	\$ 78.12
90837	U8	1	PSYTX W PT 60 MINUTES	\$ 91.11

RATES FOR PSYCHIATRISTS, FQHC AND RHC

Procedure Code	Modifier 1	Maximum Quantity	Description	Rate Effective 03/01/18
90837		1	PSYTX W PT 60 MINUTES	\$ 96.04
90837	U8	1	PSYTX W PT 60 MINUTES	\$ 119.94

RATES FOR PSYCHIATRIC CLINICAL NURSES AND PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONERS

The SA modifier must be used on all codes.

Procedure Code	Modifier 1	Maximum Quantity	Description	Rate Effective 03/01/18
90837		1	PSYTX W PT 60 MINUTES	\$ 78.12
90837	U8	1	PSYTX W PT 60 MINUTES	\$ 91.11

Provider Bulletins are available on the MO HealthNet Division (MHD) (Formerly the Division of Medical Services) Web site at <http://dss.mo.gov/mhd/providers/pages/bulletins.htm>. Bulletins will remain on the Provider Bulletins page only until incorporated into the [provider manuals](#) as appropriate, then moved to the Archived Bulletin page.

MO HealthNet News: Providers and other interested parties are urged to go to the MHD Web site at <http://dss.mo.gov/mhd/> to subscribe to the electronic mailing list to receive automatic notifications of provider bulletins, provider manual updates, and other official MO HealthNet communications via E-mail.

The information contained in this bulletin applies to coverage for:

- MO HealthNet Fee-for-Service
- Managed Care Services

Questions regarding MO HealthNet Managed Care benefits should be directed to the patient's MO HealthNet Managed Care health plan. Before delivering a service, please check the patient's eligibility status by swiping the MO HealthNet card or by calling the Provider Communications Interactive Voice Response (IVR) System at 573-751-2896 and using Option One for the red or white card.

**Provider Communications Hotline
573-751-2896**