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NEW COMPLEMENTARY HEALTH AND ALTERNATIVE THERAPIES FOR CHRONIC PAIN MANAGEMENT

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NEW COMPLEMENTARY HEALTH AND ALTERNATIVE THERAPIES FOR CHRONIC PAIN MANAGEMENT

Effective for dates of service on or after April 1, 2019, the MO HealthNet Division (MHD) is implementing statewide **complementary health and alternative therapy services for chronic pain management**. Evidence has shown that utilization of complementary and alternative therapies for chronic pain management leads to better health outcomes in the adult population. The intent of these services is to provide complementary and alternative therapy, coordinated by the primary care provider, in an effort to provide alternatives to opioid use for the treatment of chronic pain, reduce opioid misuse, improve MO HealthNet participants' chronic pain management skills, reduce avoidable costs, and improve health outcomes. Complementary health and alternative therapies include a combination of newly covered services including physical therapy, chiropractic therapy, and acupuncture, along with current coverage of cognitive-behavioral therapy (CBT) for chronic pain and non-opioid medication therapy. As described in more detail below, services are limited to participants with a chronic pain diagnosis and require a physician referral and pre-certification.

PHYSICAL THERAPY

Physical therapy treatment for chronic pain includes, but is not limited to, participant education and counseling, manual techniques, therapeutic exercises, electrotherapy, and massage. Covered procedure codes are listed in the table below.

To enroll as a provider of physical therapy for complementary health and alternative therapy services for chronic pain management, an individual must have and maintain state licensure as a physical therapist.

Physical Therapy			
PROCEDURE CODE	MODIFIER	DESCRIPTION	REIMBURSEMENT
97161	X4	PT Evaluation Low Complex – 15 min	\$45.05 per unit
97162	X4	PT Evaluation Medium Complex – 30 min	\$45.05 per unit
97163	X4	PT Evaluation High Complex – 45 min	\$45.05 per unit
97110	X4	Therapeutic procedure, 1/more areas/each 15 min	\$17.15 per unit
97530	X4	Therapeutic activities	\$18.06 per unit

CHIROPRACTIC THERAPY

Chiropractic therapy for the treatment of chronic pain may include, but is not limited to, spinal manipulation or spinal adjustment, and as further defined by section [331.010.1, RSMo](#). Covered procedure codes are listed in the table below. Only qualified, enrolled MO HealthNet providers may be reimbursed for chiropractic services. To enroll as a provider of chiropractic therapy for complementary health and alternative therapy services for chronic pain management, an individual must have and maintain state licensure as a chiropractor.

Chiropractic			
PROCEDURE CODE	MODIFIER	SERVICE	REIMBURSEMENT
99201	X4	New Patient – Office or other outpatient visit for the evaluation and management of a new patient	\$27.74 per unit
99202	X4	New Patient – Office or other outpatient visit for the evaluation and management of a new patient	\$46.77 per unit

99203	X4	New Patient – Office or other outpatient visit for the evaluation and management of a new patient	\$67.44 per unit
99204	X4	New Patient – Office or other outpatient visit for the evaluation and management of a new patient	\$103.04 per unit
99205	X4	New Patient – Office or other outpatient visit for the evaluation and management of a new patient	\$129.76 per unit
99211	X4	Office or other outpatient visit for the evaluation and management of an established patient	\$13.35 per unit
99212	X4	Office or other outpatient visit for the evaluation and management of an established patient	\$27.28 per unit
99213	X4	Office or other outpatient visit for the evaluation and management of an established patient	\$45.49 per unit
99214	X4	Office or other outpatient visit for the evaluation and management of an established patient	\$67.19 per unit
99215	X4	Office or other outpatient visit for the evaluation and management of an established patient	\$90.73 per unit
98940	X4	Chiropractic manipulative treatment (CMT); spinal, one to two regions	\$17.94 per unit
98941	X4	Spinal, three to four regions	\$25.73 per unit
98942	X4	Spinal, five regions	\$33.53 per unit
98943	X4	Extraspinal, one or more regions	\$19.79 per unit
97012	X4	Traction, mechanical	\$9.31 per unit

97014	X4	Electrical stimulation (unattended)	\$2.60 per unit
97032	X4	Application of a modality to one or more areas; electrical stimulation (manual), each 15 minutes	\$9.74 per unit
97035	X4	Ultrasound, each 15 minutes	\$8.41 per unit

ACUPUNCTURE SERVICES

Acupuncture involves the use of needles inserted into the body by piercing of the skin and other modalities as defined by sections [331.030.8](#) and [324.475\(1\)](#), RSMo. Covered procedure codes are listed in the table below. Only qualified, enrolled MO HealthNet providers may be reimbursed for acupuncture services. To enroll as a provider of acupuncture services for complementary health and alternative therapy services for chronic pain, an individual must have and maintain state licensure as an acupuncturist or be licensed as a physician in the state of Missouri and be credentialed to perform acupuncture.

Acupuncture			
PROCEDURE CODE	MODIFIER	DESCRIPTION	REIMBURSEMENT
97810	X4	Acupuncture, one or more needles, w/o electrical stimulation, initial 15 min of one-on-one contact with patient	\$25.00 per unit
97811	X4	Each additional 15 min of one-on-one contact, w/ reinsertion of needles	\$17.50 per unit
97813	X4	Acupuncture, one or more needles, w/ electrical stimulation, initial 15 min of one-on-one contact with patient	\$31.15 per unit
97814	X4	Each additional 15 of one-on-one contact, w/ reinsertion of needles	\$23.65 per unit

COGNITIVE-BEHAVIORAL THERAPY (CBT) FOR CHRONIC PAIN

MHD enrolled behavioral health providers may deliver CBT via individual, family, or group modalities and may report either psychotherapy codes (90832-90853) or health and behavior assessment and intervention codes (96150-96154). Individual (90832, 90834, 90837), family (90846, 90847), and group psychotherapy (90853) require precertification and may be provided for diagnosis codes of F45.41 and F45.42. Health and behavior assessment and

intervention services do not require precertification and may be provided for physical health conditions. For additional information about these services, refer to the Behavioral Health Services Manual at http://manuals.momed.com/collections/collection_psy/print.pdf.

PARTICIPANT ELIGIBILITY

For participants to be eligible for physical therapy, chiropractic therapy and acupuncturist services as complementary health and alternative therapy services for chronic pain management, the individual must meet the following criteria:

- be MO HealthNet eligible; **and**
- be 21 years of age or older, **and**
- have one of the following conditions:
 - chronic, non-cancer neck and/or back pain; or
 - chronic pain post traumatic injury such as traumatic injury resulting from a motor vehicle collision; and
- have a qualifying chronic pain diagnosis as determined by the MHD.

MO HEALTHNET MANAGED CARE MEMBERS

Participants enrolled as members in a Managed Care health plan will receive complementary health and alternative therapy for chronic pain management services through their Managed Care Organization effective April 1, 2019. Providers with questions regarding complementary health and alternative therapy for chronic pain management billing should be directed to the member's MO HealthNet Managed Care health plan.

PROVIDER ENROLLMENT

If a qualified provider is already enrolled with the MHD, a [Provider Update Request form](#) should be submitted to the Missouri Medicaid Audit & Compliance (MMAC) Provider Enrollment Unit (PEU). The provider must complete Sections I and II on the Provider Update Request form and enter the specialty code that matches your title in Section IV.

Chiropractors currently can enroll as a Qualified Medicare Beneficiary (QMB) provider. However, if Chiropractors wish to enroll under the new alternative therapy provider type, they will need to do one of the following:

- Dis-enroll their currently enrolled number,
- Enroll with a new National Provider Identifier (NPI)
- Enroll with a taxonomy code to keep the same NPI for both the QMB-provider type and the new provider type.

If a qualified provider is not already enrolled with the MHD as a provider, an enrollment application must be submitted. The link to complete the electronic application is:

<https://peu.momed.com/peu//momed/presentation/commongui/PeHome.jsp>

Any questions regarding enrollment should be emailed to:

MMAC.ProviderEnrollment@dss.mo.gov

REQUIREMENTS AND LIMITATIONS

The combination of physical therapy, chiropractic therapy and acupuncturist's services are subject to an annual maximum limit of thirty (30) visits or one hundred twenty (120) units of service per year with one (1) unit equaling fifteen (15) minutes.

Physical therapy, chiropractic therapy and acupuncturist's services require a **referral** and a prescribed service in the participant's plan of care by a MO HealthNet enrolled physician.

Requirements and limitations for cognitive behavioral therapy for chronic pain may be found in the Behavioral Health Services Manual at

http://manuals.momed.com/collections/collection_psy/print.pdf.

PRE-CERTIFICATION REQUIREMENT

Physical therapy, chiropractic therapy and acupuncturist's services covered as complementary and alternative therapies for chronic pain management as described in this bulletin require pre-certification. Pre-certification of physical therapy, chiropractic therapy and acupuncturist's services is a two-step process. Requests for pre-certification must be initiated by a MO HealthNet enrolled physician who prescribes the service in the participant's plan of care. The enrolled physical therapy, chiropractic therapy or acupuncture service provider who will perform the service will access the pre-certification initiated by the physician to complete the second step of the pre-certification process.

To obtain pre-certification, enrolled providers can call 800-392-8030, Option 6, or use the [CyberAccess](#) website, a web tool that automates this process for MO HealthNet providers. To become a CyberAccess user, contact the help desk at 888-581-9797 or 573-632-9797, or email cyberaccesshelpdesk@conduent.com.

PLEASE NOTE: An approved pre-certification request does not guarantee payment. The provider must verify participant eligibility on the date of service using the Interactive Voice Response (IVR) System at (573) 635-8908 or by logging onto the MO HealthNet Internet Web portal at www.eMOMED.com

CODE OF STATE REGULATIONS (CSR)

Requirements and other information regarding complementary health and alternative therapies for chronic pain management services can be found at [13 CSR 70-3.300](#).

Provider Bulletins are available on the MO HealthNet Division (MHD) Web site at <http://dss.mo.gov/mhd/providers/pages/bulletins.htm>. Bulletins will remain on the Provider Bulletins page only until incorporated into the [provider manuals](#) as appropriate, then moved to the Archived Bulletin page.

MO HealthNet News: Providers and other interested parties are urged to go to the MHD Web site at <http://dss.mo.gov/mhd/> to subscribe to the electronic mailing list to receive automatic notifications of provider bulletins, provider manual updates, and other official MO HealthNet communications via E-mail.

The information contained in this bulletin applies to coverage for:

- MO HealthNet Fee-for-Service
- Managed Care Services

Questions regarding MO HealthNet Managed Care benefits should be directed to the patient's MO HealthNet Managed Care health plan. Before delivering a service, please check the patient's eligibility status by swiping the MO HealthNet card or by calling the Provider Communications Interactive Voice Response (IVR) System at 573-751-2896 and using Option One for the MO HealthNet ID card.

Provider Communications Hotline
573-751-2896