

## **PROVIDER BULLETIN**

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March 13, 2020

### **Tobacco Cessation Services Update**

**EFFECTIVE DATE: JANUARY 1, 2020**

#### **APPLIES TO:**

- **Psychiatrist, physician, assistant physician, physician assistant, advanced practice nurse**
- **Licensed psychologist, provisional licensed psychologist, doctoral psychology intern**
- **Licensed clinical social worker, licensed master social worker**
- **Licensed professional counselor, provisional licensed professional counselor**
- **Licensed marital and family therapist, provisional licensed marital and family therapist**

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#### **Managed Care Plan Update**

The MO HealthNet Managed Care health plans began covering tobacco cessation counseling on January 1, 2020, for their members. This means that providers should bill the managed care plans directly for these services for dates for service on or after January 1, 2020.

Providers should still bill MO HealthNet (Fee-for-Service) for dates before January 1, 2020.

If providers have questions about billing the health plans directly, they should contact the health plans to answer those questions about billing and reimbursement.

As a reminder, the MHD covers unlimited quit attempts per lifetime, including behavioral and pharmacologic interventions. See the sections below for the covered behavioral and pharmacologic interventions.

### **Covered Behavioral Health Procedures**

The following Current Procedural Terminology (CPT®) codes should be used to bill for tobacco cessation counseling. Maximum allowable reimbursement rates are available in the online fee schedule at <https://dss.mo.gov/mhd/providers/pages/cptagree.htm>.

CPT Code	Code Description
99406	Smoking and tobacco use cessation counseling visit; intermediate, greater than 3 minutes and up to 10 minutes face-to-face with the patient.  Maximum of 1 unit per day
99407	Smoking and tobacco use cessation counseling visit; intensive, greater than 10 minutes face-to-face with the patient.  Maximum of 1 unit per day
90853	Group psychotherapy (other than a multiple-family group) – at least 3 but not more than 10 individuals per group.  Maximum of 3 units per day, 15 units per month (30 minute unit, is the defined MHD unit)

Claims for tobacco cessation counseling must include a diagnosis code in one of the ranges listed in section 13.10.H(1) of the Behavioral Health Services Provider Manual, which is available online at [http://manuals.momed.com/collections/collection\\_psy/print.pdf](http://manuals.momed.com/collections/collection_psy/print.pdf).

### **Covered Pharmacy Benefits**

Below is a list of common pharmacological interventions that are covered through Fee for Service (FFS). All MHD participants receive pharmacy benefits through FFS because it is “carved out” of managed care.

Brand Name	Generic Name
Nicorette Gum	Nicotine Gum
Nicotrol Inhaler	Nicotine Inhaler
Nicorette Lozenge	Nicotine Lozenge
Nicotrol NS	Nicotine Nasal Spray
Nicoderm	Nicotine Patch
Chantix	Varenicline
Zyban/Wellbutrin	Bupropion SR

**Provider Bulletins** are available on the MO HealthNet Division (MHD) website at <http://dss.mo.gov/mhd/providers/pages/bulletins.htm>. Bulletins will remain on the Provider Bulletins page only until incorporated into the [provider manuals](#) as appropriate, then moved to the Archived Bulletin page.

**MO HealthNet News:** Providers and other interested parties are urged to go to the MHD website at <http://dss.mo.gov/mhd/> to subscribe to the electronic mailing list to receive automatic notifications of provider bulletins, provider manual updates, and other official MO HealthNet communications via E-mail.

The information contained in this bulletin applies to coverage for:

- MO HealthNet Fee-for-Service
- MO HealthNet Managed Care

Questions regarding MO HealthNet Managed Care benefits should be directed to the patient's MO HealthNet Managed Care health plan. Before delivering a service, please check the patient's eligibility status by swiping the MO HealthNet card or by calling the Provider Communications Interactive Voice Response (IVR) System at 573-751-2896 and using Option One for the MO HealthNet ID card.

**Provider Communications Hotline  
573-751-2896**