

Career Switch Tolerance Questionnaire

Think about the time, effort, and sacrifice you're willing to make at this time to support your career change. As you answer the questions, be realistic and honest. Maybe your current job offers more value than you thought. If so, it's better to know that now. Everything in life entails a trade-off, and only you can decide what's most important.

For each statement, indicate the degree of your willingness to change on a scale of 0 through 5, where 0 indicates "no way," and 5 indicates "yes, absolutely." The questions in parentheses help you think about each item more deeply.

1. Are you willing to lose money or accept a pay decrease? (How much?)
2. Are you willing to relocate? (How far?)
3. Are you willing to take a lower position? (How much lower?)
4. Are you willing to put daily effort into your goal and be disciplined? (For how long?)
5. Are you willing to make pursuing your goal a significant priority over other goals? (How much time per week?)
6. Are you willing to spend time or money to earn additional licenses, certifications, or clearances? (How much?)
7. Are you willing to live on savings for a time? (How long?)
8. Are you willing to travel up to five days per week or 80 percent of the time? (For how long?)
9. Are you willing to proactively network (events, meetings, conferences, phone calls)? (How many per week?)
10. Are you willing to accept dead ends or rebuffs without becoming frustrated? (How will you do this?)
11. Are you willing to give up time with friends, family, and hobbies? (How much?)
12. Are you willing to give up control of your schedule (autonomy) and driving your tasks in your new job? (How much, for how long?)

Results

Mostly 0s or 1s: This may not be the best time to make a significant career move where there is great risk or change.

Mostly 2s or 3s: Certain sacrifices may be tolerable in a career move, while others are not. Be sure to align your career goals accordingly.

Mostly 4s or 5s: You are likely open to significant risk and willing to put in whatever is required to reach your career goal.