Department of Social Services/Family Support Division

All links must be copied and pasted into your web browser to view the page or the short videos.

- To find an FSD Resource Center, Food Pantry, Missouri Work Assistance Provider or Community Action Agency: [https://dss.mo.gov/dss_map/](https://dss.mo.gov/dss_map/)

- Videos
  - Contacting FSD: [https://www.youtube.com/watch?v=JUU5GcfAp_o](https://www.youtube.com/watch?v=JUU5GcfAp_o)
  - FSD Services: [https://www.youtube.com/watch?v=hRHClQQ0k6M](https://www.youtube.com/watch?v=hRHClQQ0k6M)
  - Find Out if You Qualify for FSD Services: [https://www.youtube.com/watch?v=vih3W6b8duc](https://www.youtube.com/watch?v=vih3W6b8duc)

- Report changes, complete interviews and obtain information by visiting Resource Centers, mydss.mo.gov or calling the FSD Information Center at 855-FSD-INFO (855-373-4636).

- Apply for Childcare, Food Stamps, Temporary Assistance and MoHealthNet for Families at: [https://mydss.mo.gov/qualify](https://mydss.mo.gov/qualify)

**Program Overviews:** Services are available for Missourians who apply for and are deemed eligible for the programs listed.

- **Child Care Subsidy Program:** Assists families with the cost of child care so they may obtain and retain steady employment. For more information on applications, income guidelines, frequently asked questions and finding child care providers visit: [https://dss.mo.gov/fsd/child-care.htm](https://dss.mo.gov/fsd/child-care.htm).

- **MO HealthNet (Medicaid):** Provides coverage of qualified medical expenses for individuals that meet certain eligibility requirements. For additional information on the types of coverage available, finding healthcare providers and frequently asked questions, visit: [https://mydss.mo.gov/healthcare](https://mydss.mo.gov/healthcare).

- **Rehabilitation Services for the Blind (RSB):** Assists blind and visually impaired persons achieve personal and employment success. For additional information, visit: [https://dss.mo.gov/fsd/rsb/](https://dss.mo.gov/fsd/rsb/).

- **Supplemental Aid to the Blind (SAB) and Blind Pension (BP):** Provides a cash grant and MO HealthNet coverage for visually impaired individuals. For additional information, visit [https://dss.mo.gov/fsd/sblind.htm](https://dss.mo.gov/fsd/sblind.htm) or [https://dss.mo.gov/fsd/blind-pension.htm](https://dss.mo.gov/fsd/blind-pension.htm).

- **Community Services Block Grant Programs (CSBG):** Includes a variety of local programs intended to reduce poverty, revitalize low-income communities and empower low-income families and individuals to become self-sufficient. Services are provided through Community Action Agencies. For additional information on services provided, visit: [https://dss.mo.gov/fsd/csbg/service.htm](https://dss.mo.gov/fsd/csbg/service.htm). To find a CAA, go to: [https://dss.mo.gov/dss_map/](https://dss.mo.gov/dss_map/).

- **Child Support:** Services include locating parents, establishing paternity, establishing and enforcing child support and medical support orders, modifying support orders and distributing child support payments. For additional information, visit: [https://dss.mo.gov/child-support/](https://dss.mo.gov/child-support/).

- **Low Income Home Energy Assistance (LIHEAP):** Can assist low-income individuals with utility payments through two programs. Energy Assistance is a one-time payment for primary heating bills from November through March or primary cooling bills from June through September. The Energy Crisis Intervention Program assists clients with utility payments if they have been disconnected or are at risk to be disconnected. Payment is based on the amount needed to resolve the crisis with the energy provider. For additional information and to view a video about the program, visit: [https://mydss.mo.gov/energy-assistance](https://mydss.mo.gov/energy-assistance).
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FSD Employment and Training Programs
All programs offer free short-term training, job coaching and resume preparation, employment connections, and help with training and work costs, including transportation, books, uniforms, interview attire, etc.

- **SkillUP**: Voluntary program for clients receiving SNAP benefits, hundreds of provider locations including Community Colleges, Community Partnerships, Job Centers and more. To learn more about SkillUP, view a video about SkillUP and find a provider visit: on.mo.gov/SkillUP.

- **Missouri Work Assistance (MWA) Program**: Mandatory program for Temporary Assistance (cash benefit) recipients and is available in every county. To learn more about MWA, view a video about MWA and find a provider visit: https://mydss.mo.gov/missouri-work-assistance.

- **Excel Centers**: Allows adults over 21 the opportunity to earn their high school diploma. While earning their diploma they can earn college credits and/or receive industry-recognized certifications that will increase their ability to obtain self-sustaining employment. For more information, visit: https://excel.mersgoodwill.org/.

- **Healthcare Industry Training and Education**: Provides low-income individuals the opportunity to receive training for a career in the healthcare industry. Available in the Kansas City, St Louis and Central Workforce Development Board regions. For additional information on the HITE program and to view a video, visit: https://mydss.mo.gov/hpog-hite.

DSS/Children's Division
Works in partnership with families, communities, courts and other agencies to ensure the safety, permanency and well-being of children in Missouri.

- Programs include foster care, adoption, Early Childhood and Prevention Services and many more. For additional information visit: https://dss.mo.gov/cd/.
- Oversees the Child Abuse and Neglect (CA/N) Hotline: 1-800-392-3738.
- Additional information about the CA/N Hotline can be found at https://dss.mo.gov/cd/keeping-kids-safe/can.htm.

DSS/Division of Youth Services
Responsible for the care and treatment of youth committed to their custody by one of the Missouri juvenile courts.

- Programs include Day Treatment Services, Residential Treatment Services and other programs designed to assist troubled youth.
- For additional information, visit: https://dss.mo.gov/dys/.

Missouri Services Navigator
The Missouri Services Navigator contains over 2,000 services and/or resources available in Missouri. Staff can search by County or service type to find additional resources for individuals. More information can be found at https://www.youtube.com/watch?v=PTQmNbdakGM.

State Agencies

- Vocational Rehabilitation - https://dese.mo.gov/adult-learning-rehabilitation-services/vocational-rehabilitation
- Adult Education and Literacy - https://dese.mo.gov/adult-learning-rehabilitation-services/adult-education-literacy
- Department of Elementary and Secondary Education - https://dese.mo.gov/
- Department of Higher Education and Workforce Development - https://dhewd.mo.gov/
- Department of Mental Health - https://dmh.mo.gov/